

# WEEKLY MEAL PLANNER WEEK ONE

10/5/20-10/9/20

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Iron Fortified Cereal 100% Juice Milk	Hamburgers Brown Beans Pineapple Bread Milk	Saltines Cheese Water	Fruit Milk
TUESDAY	Toast Oranges Milk	Grilled Cheese Tomato Soup Pears Milk	Muffins Milk	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Egg Bake Potatoes Bananas Bread Milk	Graham Crackers Milk	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Lunch Meat & Cheese Sandwiches Corn Peaches Milk	Animal Crackers Milk	Cheerios Milk
FRIDAY	French Toast Bake Applesauce Milk	Chicken Nuggets Green Beans Mixed Fruit Bread milk	Pretzels Juice	Vegetables Milk

# WEEKLY MEAL PLANNER WEEK TWO

10/12/20-10/16/20

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Iron Fortified Cereal Oranges Milk	Grilled Ham & Cheese Carrots Pears Milk	Graham Crackers Milk	Fruit Milk
TUESDAY	Toast Pears Milk	Turkey Spaghetti Corn Pineapple Milk	Pretzels Juice	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Yogurt Pears Bananas Cinnamon Toast Milk	Nacho Chips Cheese Water	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Hot Dogs Brown Beans Peaches Bread Milk	Animal Crackers Milk	Cheerios Milk
FRIDAY	Muffins Applesauce Milk	Corn Dogs Green Beans Mixed Fruit Milk	Warm Cinnamon & Sugar Tortillas Milk	Vegetables Milk



# WEEKLY MEAL PLANNER WEEK THREE

10/19-10/23/20

	BREAKFAST	LUNCH	SNACK	HPM TODDLER SNACK
MONDAY	Iron Fortified Cereal Oranges Milk	Ham & Cheese Sandwiches Carrots Lettuce w/Ranch Milk	Muffins Milk	Fruit Milk
TUESDAY	Toast Peaches Milk	Turkey Tator Tot Hotdish Corn Pears Milk	Cheese Slices Saltines Water	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Turkey Goulash Green Beans Bananas Milk	Snack Cereal Milk	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Mac & Cheese Peas Pineapple Milk	Graham Crackers Milk	Cheerios Milk
FRIDAY	Muffins Mixed Fruit Milk	Egg Bake Potatoes Peaches Buttered Bread Milk	Animal Crackers Milk	Vegetables Milk



# WEEKLY MEAL PLANNER WEEK FOUR 10/26-10/30/20

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Iron Fortified Cereal Oranges Milk	Grilled Cheese Tomato Soup Pineapple Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Toast Pears Milk	Tuna Noodle Casserole Celery Pineapple Milk	Cinnamon-Sugar Warm Tortilla Bananas Water	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Bluberries Milk	Lunch Meat & Cheese Sandwiches Potatoes Applesauce Bread Milk	Pretzels Juice	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Turkey Spaghetti Corn Pears Milk	Animal Crackers Milk	Cheerios Milk
FRIDAY	Muffins Mixed Fruit Milk	Hamburgers Mixed Veggies Peaches Milk	Saltines Cheese Milk	Vegetables Milk



# WEEKLY MEAL PLANNER WEEK 11/2/20-11/6/20

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Iron Fortified Cereal Oranges Milk	Yogurt Brown Beans Pineapple Bread Milk	Snack Cereal Milk	Fruit Milk
TUESDAY	Toast with Jelly Pears Milk	Ham & Cheese Sandwiches Lettuce w/ranch Mixed Fruit Milk	Graham Crackers Milk	Oyster Crackers 100% Juice
WEDNESDAY	Banana Oatmeal Breakfast Cookies Milk	Ground Turkey & Ramen Green Beans Applesauce Milk	Nacho Chips Nacho Cheese Milk	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Scrambled Eggs Potatoes Oranges Bread Milk	Animal Crackers Milk	Cheerios Milk
FRIDAY	Muffins Mixed Fruit Milk	Mac & Cheese Corn Pears Milk	Saltines Cheese Milk	Vegetables Milk



# WEEKLY MEAL PLANNER WEEK SIX 11/9/20-11/13/20

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Iron Fortified Cereal Oranges Milk	Ham & Cheese Sandwiches Fresh Vegetables Lettuce w/Ranch Milk	Blueberries Muffins Water	Fruit Milk
TUESDAY	Toast Peaches Milk	Turkey Tator Tot Hotdish Mixed Veggies Pears Milk	Cheese Slices Saltines Water	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Bananas Milk	Cheese Tortilla Green Beans Bananas Cinnamon Toast Milk	Snack Cereal Milk	Toast Milk
THURSDAY	Iron Fortified Cereal 100% Juice Milk	Mac & Cheese Peas Pineapple Bread Milk	Graham Crackers Milk	Cheerios Milk
FRIDAY	Muffins Mixed Fruit Milk	Corn Dogs Potatoes Peaches Milk	Pretzels Juice	Vegetables Milk