

WEEKLY MEAL PLANNER WEEK ONE 1/10/22-1/14/22

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios 100% Juice Milk	Grilled Cheese Sandwiches Tomato Soup Applesauce Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Toast Oranges Milk	Egg Bake Potatoes Pineapple Buttered Bread Milk	Snack Cereal Milk	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Turkey Burger in Ramen Noodles Green Beans Peaches Milk	Pretzels Juice	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Cheese Tortillas Brown Beans Pears Milk	Graham Crackers Milk	Cheerios Milk
FRIDAY	Frosted Flakes 100% Juice Milk	Hamburgers Carrots Pineapple Bread Milk	Saltines Cheese Water	Vegetables Milk

WEEKLY MEAL PLANNER WEEK TWO

1/17/22

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Cheerios Orange Juice Milk	Ham and Cheese Sandwiches Peas Applesauce Milk	Muffins Milk	Fruit Milk
TUESDAY	Toast Oranges Milk	Hot Dogs Brown Beans Pears Buttered Bread Milk	Pretzels Juice	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Scrambled Eggs Potatoes Pineapple Buttered Bread Milk	Graham Crackers Juice	Toast Milk
THURSDAY	Muffins Banana Milk	Turkey Spaghetti Corn Peaches Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Frosted Flakes Orange Juice Milk	Chicken Nuggets Carrots Mixed Fruit Buttered Bread Milk	Animal Crackers Juice	Vegetables Milk

WEEKLY MEAL PLANNER WEEK THREE 1/24/22

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Cheerios Orange Juice Milk	Lunch Meat & Cheese Sandwiches Carrots Pears Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Toast Peaches Milk	Mac and Cheese Brown Beans Oranges Buttered Bread Milk	Graham Crackers Juice	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Chicken Nuggets Green Beans Applesauce Buttered Bread Milk	Pretzels Juice	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Gr.Turkey Tator Tot Hotdish Corn Pineapple Milk	Cinnamon Sugar Toast Milk	Cheerios Milk
FRIDAY	Frosted Flakes Orange Juice Milk	Hamburgers Peas Peaches Bread Milk	Saltines Cheese Water	Vegetables Milk

WEEKLY MEAL PLANNER WEEK FOUR

1/31/2022

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Orange Juice Milk	Grilled Cheese Tomato Soup Mixed Fruit Milk	Muffins Juice	Fruit Milk
TUESDAY	Toast Oranges Milk	Corn Dogs Corn Peaches Milk	Saltines Cheese Water	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Bluberries Milk	Egg Bake w/cheese Potatoes Applesauce Bread Milk	Animal Crackers Juice	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Cheese Tortillas Brown Beans Pears Milk	Graham Crackers Milk	Cheerios Milk
FRIDAY	Frosted Flakes Orange Juice Milk	Lunch Meat & Cheese Sandwiches Green Beans Pineapple Milk	Pretzels Juice	Vegetables Milk

WEEKLY MEAL PLANNER WEEK

2/7/22

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Cheerios Orange Juice Milk	Hamburgers Green Beans Pears Bread Milk	Snack Cereal Milk	Fruit Milk
TUESDAY	Cinnamon Sugar Toast Oranges Milk	Ham & Cheese Sandwiches Lettuce w/ranch Mixed Fruit Milk	Animal Crackers Milk	Oyster Crackers 100% Juice
WEDNESDAY	Blueberries Oatmeal Milk	Turkey Goulash Corn Applesauce Milk	Nacho Chips Nacho Cheese Milk	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Scrambled Eggs Potatoes Peaches Bread Milk	Graham Crackers Milk	Cheerios Milk
FRIDAY	Frosted Flakes Milk Orange Juice	Hot Dogs Brown Beans Pineapple Bread Milk	Pretzels Juice	Vegetables Milk

WEEKLY MEAL PLANNER WEEK SIX

2/14/22

	BREAKFAST	LUNCH	SNACK	IPM TODDLER SNACK
MONDAY	Cheerios Orange juice Milk	Ham & Cheese Sandwiches Fresh Vegetables Lettuce w/Ranch Milk	Muffins Milk	Fruit Milk
TUESDAY	Toast Peaches Milk	Cheese Tortilla Green Beans Bananas Milk	Pretzels Juice	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Turkey Tator Tot Hotdish Corn Pears Milk	Snack Cereal Milk	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Mac & Cheese Peas Pineapple Milk	Graham Crackers Juice	Cheerios Milk
FRIDAY	Frosted Flakes Orange juice Milk	Corn Dogs Brown Beans Peaches Milk	Animal crackers Milk	Vegetables Milk