

## WEEKLY MEAL PLANNER WEEK TWO

6/19/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Cereal Banana Milk	Chicken Nuggets Brown beans Pineapple Milk Buttered Bread	Graham Crackers Milk	Graham Crackers Bananas Milk
TUESDAY	Toast Apples Slices (Applesauce under two) Milk	Turkey Meat Loaf Potatoes Applesauce Buttered Bread Milk	Cheese Saltine Crackers Water	Oyster Crackers 100% Juice
WEDNESDAY	Kix Cereal 100% Juice Milk	Cheese Tortilla Lettuce Salad Pears Milk	Blueberry Muffins Water	Toast Milk
THURSDAY	Oatmeal Blueberries Milk	Turkey Tater Tot Casserole Corn Peaches Milk	Pretzels Orange Slices	Cheerios Milk
FRIDAY	Frosted Flakes Cereal 100% Juice Milk	Ham and Cheese Sandwiches Carrots Mixed Fruit Milk	Pop Tart Milk	Vegetables Milk

Be sure to look ahead and plan/thaw accordingly!! If you need to substitute a food item document it on the kitchen menu copy.



## WEEKLY MEAL PLANNER WEEK Three

6/26/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Kix Cereal 100% Juice Milk	Ground Turkey Spaghetti Tomato Sauce Corn Milk	String Cheese Saltine	Graham Crackers Bananas Milk
TUESDAY	French Toast Cuties Milk	Turkey Taco salad lettuce & shredded cheese Mixed Fruit Tortilla Chips Milk	Pretzels Apple Juice	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Chicken Noodle Soup Saltines Banana Milk	Celery and Carrots Cheese	Toast Milk
THURSDAY	Cheerios Cereal 100% Juice Milk	Chopped hot dog in Brown Beans Pears Buttered Bread Milk	Vanilla Wafers Pudding Milk	Cheerios Milk
FRIDAY	Frosted Flakes Cereal 100% Juice Milk	Ham and Cheese Sandwiches lettuce Salad Peaches Milk	Cinnamon Toast Apple Slices	Vegetables Milk

Be sure to look ahead and plan thawing & snack prep time accordingly. If you need to substitute a food item document it on the kitchen menu.



# WEEKLY MEAL PLANNER WEEK FOUR

7/3/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Cereal 100% Juice Milk	Fish Sticks Carrots Peaches Milk	Pretzels Apple Juice	Graham Crackers Bananas Milk
TUESDAY	Closed	Closed	Closed	Closed
WEDNESDAY	Yogurt Blueberries Milk	Ramen Noodles with Ground Turkey Corn Oranges Milk	Saltines Cheese	Toast Milk
THURSDAY	Kix Cuties Milk	Corn Dog Peas Pineapple Milk	Vanilla Wafers Milk	Cheerios Milk
FRIDAY	Frosted Flakes Cereal 100% Juice Milk	Grilled Ham and Cheese Green Beans Pears Milk	Blueberry Muffin Milk	Vegetables Milk

Be sure to look ahead and plan thawing & snack prep time accordingly If you need to substitute a food item document it on the kitchen menu



# WEEKLY MEAL PLANNER WEEK FIVE

7/10/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	KixCereal 100% Juice Milk	Yogurt/String Cheese Blueberries Cuties Graham Crackers Milk	Animal Crackers Applesauce	Graham Crackers Bananas Milk
TUESDAY	Toast Applesauce Milk	Hot Tuna Casserole Peas Pears Milk	Jello Mixed Fruit Graham Crackers	Oyster Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Ham and Cheese Sandwiches lettuce salad Carrots Milk	Cinnamon Toast oranges	Toast Milk
THURSDAY	Cheerios Bananas Milk	Hot Dogs Brown Beans Apple Slices Buttered Bread Milk	Blueberry Muffins Milk	Cheerios Milk
FRIDAY	Frosted Flakes Cereal 100% Juice Milk	Chicken Nuggets Potatoes Peaches Buttered Bread Milk	Pretzels Apple Juice	Vegetables Milk

If you need to substitute a food item document it on the kitchen menu. Be sure to look ahead & plan thawing and snack prep time accordingly.