

WEEKLY MEAL PLANNER

10/9/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Cheese Tortillas Green Beans Applesauce Milk	Pretzels 100% Juice	Fruit Milk
TUESDAY	Cinnamon Sugar Toast Milk Pineapple	Ham & Cheese Sandwich Carrots Mixed Fruit Milk	Graham Crackers Milk	Crackers 100% Juice
WEDNESDAY	Oatmeal Milk Peaches	Mac & Cheese Peas Pears Milk	Vanilla Wafers 100% Juice	Toast Milk
THURSDAY	Muffins Bananas Milk	Hot Dogs Brown Beans Pears Bread Milk	Nacho Cheese Nacho Chips Water	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Homemade Lunchable Meat and Cheese Corn Mandarin Oranges Saltine Crackers Milk	Snack Cereal Milk	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEKLY MEAL PLANNER WEEK

10/16/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk Juice	Corn Dogs Brown Beans Applesauce Milk	Animal Crackers 100% Juice	Fruit Milk
TUESDAY	Kix Milk Juice	Turkey Taco Salad Lettuce Peaches Tortilla Chips Milk	Apple Slices Cinnamon Sugar Toast Water	Crackers 100% Juice
WEDNESDAY	Toast Milk Oranges	Lunchable Meat & Cheese Baby Carrots Bananas Saltine Crackers Milk	Pretzels 100% Juice	Toast Milk
THURSDAY	Muffins Pears Milk	Ranch Chicken Pasta Salad Celery Pineapple Milk	Saltines Cheese Water	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Ham & Cheese Sandwich Corn Mixed Fruit Milk	Graham Crackers Pudding Milk	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEKLY MEAL PLANNER WEEK

10/23/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Ham & Cheese Sandwiches Brown Beans Peaches Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Toast Milk Oranges	Turkey Ramen Corn Mixed Fruit Milk	Pretzels Juice	Crackers 100% Juice
WEDNESDAY	Oatmeal Milk Blueberries	Grilled Cheese Tomato Soup Pineapple Milk	Carrots and Celery Water	Toast Milk
THURSDAY	Mixed Fruit Muffins Milk	Mac & Cheese Lettuce Salad Pears Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Lunch Meat & Cheese Sandwiches Baby Carrots Bananas Milk	Graham Crackers Milk	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEKLY MEAL PLANNER WEEK

10/30/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Ham & Cheese Sandwich Lettuce Salad Peaches Milk	Muffins Milk	Fruit Milk
TUESDAY	Toast Milk Oranges	Tater Tot Hotdish Corn Pears Milk	Halloween Party Treats Milk	Crackers 100% Juice
WEDNESDAY	Oatmeal Milk Peaches	Cheese Tortilla Green Beans Applesauce Milk	Graham Crackers Juice	Toast Milk
THURSDAY	Muffins Milk Pineapple	Hamburgers Peas Mixed Fruit Bread Milk	Apple Slices Cinnamon Sugar Toast Water	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Chicken Nuggets Carrots Pineapple Bread Milk	Pretzels Juice	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEKLY MEAL PLANNER WEEK

11/6/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Mac & Cheese Brown Beans Pineapple Milk	Graham Crackers Milk	Fruit Milk
TUESDAY	Toast Milk Oranges	Lunch Meat & Cheese Sandwiches Peas Peaches Milk	Jello Mixed Fruit Milk	Crackers 100% Juice
WEDNESDAY	Muffins Milk Blueberries	Turkey Ramen Green Beans Applesauce Milk	Pretzels Juice	Toast Milk
THURSDAY	Kix 100% Juice Milk	Grilled Cheese Tomato Soup Mixed Fruit Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Shredded Chicken on Bread Carrots Pears Milk	Saltines Cheese Water	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEKLY MEAL PLANNER WEEK

11/13/23

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Ham & Cheese Sandwiches Carrots Oranges Milk	Muffins Milk	Fruit Milk
TUESDAY	Toast Milk Peaches	Ground Turkey Taco Salad Lettuce Applesauce Milk	Pretzels Juice	Crackers 100% Juice
WEDNESDAY	Oatmeal Milk Blueberries	Chicken Nuggets Green Beans Pears Bread Milk	Animal Crackers Juice	Toast Milk
THURSDAY	Muffins Mixed Fruit Milk	Corn Dogs Peas Pineapple Milk	Saltines Cheese Water	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Mac & Cheese Lettuce Sald Peaches Milk	Graham Crackers Pudding Milk	Vegetables Milk

Documentation of any menu substitutions or changes: