

WEEKLY MEAL PLANNER WEEK ONE 9/28/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios 100% Juice Milk	Hot dogs Brown Beans Pineapple Bread Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Oatmeal Blueberries Milk	Grilled Ham and Cheese Tomato Soup Oranges Milk	Graham Crackers Milk	Oyster Crackers 100% Juice
WEDNESDAY	Muffins Peaches Milk	Turkey Goulash Green Beans Applesauce Milk	Pretzels Juice	Toast Milk
THURSDAY	Frosted Flakes Juice Milk	Hamburgers Peas Mixed Fruit Bread Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Toast Pears Milk	Homemade Lunchables Corn Pears Saltines Milk	Apple Slices (Apple Sauce for under 2's) Wafers Water	Vegetables Milk

WEEKLY MEAL PLANNER WEEK TWO

10/5/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios 100% Juice Milk	Ham and Cheese Sandwiches Baby Carrots Bananas Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	French Toast Sticks Oranges Milk	Scrambled Eggs Potatoes Applesauce Toast Milk	Pretzels Juice	Oyster Crackers 100% Juice
WEDNESDAY	Kix Milk Juice	Turkey Ramen Green Beans Peaches Milk	Saltines Cheese Water	Toast Milk
THURSDAY	Muffins Pineapple Milk	Refried Beans & Cheese (Nachos) Corn Mixed Fruit Tortilla Chips Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Frosted Flakes Juice Milk	Homemade Lunchables Peas Pears Saltines Milk	Graham Crackers Juice	Vegetables Milk

WEEK THREE MENU

10/12/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Ham & cheese sandwiches Peas Bananas Milk	Snack Cereal Milk	Fruit Milk
TUESDAY	Toast Milk Oranges	Hamburgers Carrots Pears Bread Milk	Pretzels Juice	Crackers 100% Juice
WEDNESDAY	Oatmeal Milk Blueberries	Mac & Cheese Brown Beans Pineapple Milk	Graham Crackers Milk	Toast Milk
THURSDAY	French Toast Sticks Mixed Fruit Milk	Shredded Chicken Rollups Corn Peaches Tortillas Milk	Toast Apple slices Water	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Cheese Pizza Bread Green Beans Applesauce Milk	Animal Crackers Milk	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEK FOUR MENU

10/19/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Tuna Noodles Peas Peaches Milk	Graham Crackers Milk	Fruit Milk
TUESDAY	Toast Milk Bananas	Lunch Meat & Cheese Sandwiches Baby Carrots Apple Slices Milk	Animal Crackers Milk	Crackers 100% Juice
WEDNESDAY	Kix Cereal Milk 100% Juice	Turkey Spaghetti Green Beans Pineapple Milk	Pretzels Juice	Toast Milk
THURSDAY	Oatmeal Blueberries Milk	Scrambled Eggs Potatoes Oranges Buttered Toast Milk	Snack Cereal Milk	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Hot Dogs Brown Beans Pears Bread Milk	Saltines Cheese Water	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEK FIVE MENU

10/26/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Hamburgers Lettuce with Ranch Banana Milk	Pretzels Juice	Fruit Milk
TUESDAY	Toast Milk Mixed Fruit	Shredded Chicken Noodle Hotdish Corn Pears Milk	Animal Crackers Milk	Crackers 100% Juice
WEDNESDAY	Kix Milk juice	Cheese Tortilla Carrots Peaches Milk	Graham Crackers Juice	Toast Milk
THURSDAY	French Toast Sticks Milk Mandarin Oranges	Ham and Cheese Sandwich Peas Applesauce Bread Milk	Apple Slices Cinnamon Sugar Toast Water Under 2: Snack Cereal & Milk	Cheerios Milk
FRIDAY	Frosted Flakes 100% Juice Milk	Chicken Nuggets Green Beans Pineapple Bread Milk	Saltines Cheese Water	Vegetables Milk

Documentation of any menu substitutions or changes:

WEEK SIX MENU

11/2/26

	BREAKFAST	LUNCH	SNACK	4PM TODDLER SNACK
MONDAY	Cheerios Milk 100% Juice	Mac & Cheese Green Beans Pineapple Milk	Animal Crackers Milk	Fruit Milk
TUESDAY	Cinnamon Sugar Toast Milk Bananas	Hot Dogs Brown Beans Pears Buttered Bread Milk	Pretzels Juice	Crackers 100% Juice
WEDNESDAY	Oatmeal Blueberries Milk	Shredded Chicken Sandwich Corn Applesauce Milk	Snack Cereal Milk	Toast Milk
THURSDAY	Muffins Apple Slices Milk	Ham & Cheese Sandwiches Carrots Peaches Milk	Vanilla Wafers Juice	Cheerios Milk
FRIDAY	Frosted Flakes Milk 100% Juice	Egg Bake Potatoes Oranges Buttered Bread Milk	Saltines Cheese Water	Vegetables Milk

Documentation of any menu substitutions or changes: